



REVIVE, RISE, AND REIGN
COACHING, LLC

REFLECT & RISE

12 QUESTIONS TO GUIDE YOUR TRANSFORMATION

Step into your future with clarity, confidence, and purpose. Use these reflection questions to ignite your journey of self-discovery and empowerment through the Revive, Rise, and Reign framework.

REVIVE: *Reconnect with Your Purpose*

1. When was the last time you felt truly energized and at peace?
2. What activities make you lose track of time because you're fully engaged and enjoying the moment?
3. What parts of your life feel draining or out of alignment?
4. If you could rekindle a passion or interest that's been pushed aside, what would it be?

RISE: *Step into Authentic Leadership*

1. How do you define authentic leadership for yourself?
2. What strengths or talents are you not fully utilizing in your career or life?
3. What fears or self-doubts hold you back from stepping into your full potential?
4. Who inspires you? What do you admire about their leadership or success?

REIGN: *Take Aligned Action on Your Terms*

1. What does living on your own terms look like for you?
2. What aligned actions would you take if you were fully confident and empowered?
3. What limiting beliefs or old stories do you need to let go of to claim your power?
4. In one year, how would you like your life, career, or day-to-day experience to be *different*?

Are you ready to Revive, Rise, and Reign? Schedule a Clarity Call

www.ReviveRiseAndReign.com | djuana@reviveriseandreign.com